



# *AMS: biomarkers to initiate and to shorten the duration of antimicrobial treatment*

**Roxana Cernat**

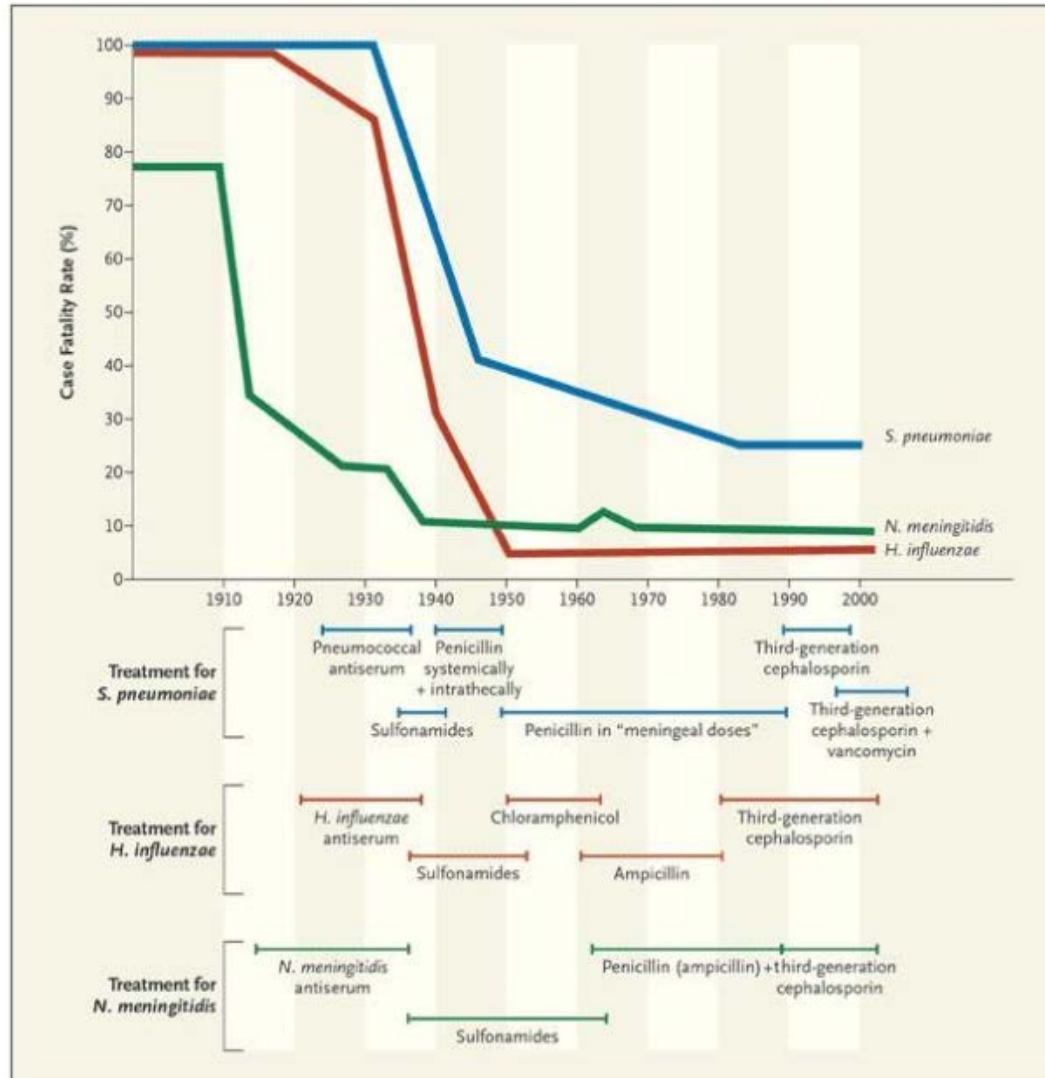
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# Antibiotic treatment

Disease	Mortality before antibiotics (%)	Mortality in the antibiotic era (%)	Difference in survival rate (%)
Community acquired pneumonia	~35	~10	~25
Hospital acquired pneumonia	~60	~30	~30
Infective endocarditis	~100	~25	~75
Skin and soft tissue infections	~11	~0,5	~10

Clin Infect Dis 2008;47: S249-65; Lancet 1935;226:383-4; Lancet 1938;231:733-4; Am J Med 1948;5:402-18; Clin Infect Dis 2009;49:383-91.

# Introduction



# Pitfalls in antibiotic use

No evidence of bacterial infections

No clear indication for infection

No microbiological tests or other relevant procedures

No de-escalation strategy to narrow the spectrum in case of germ identification

Prescribing antibiotics more time than necessary (too long course)

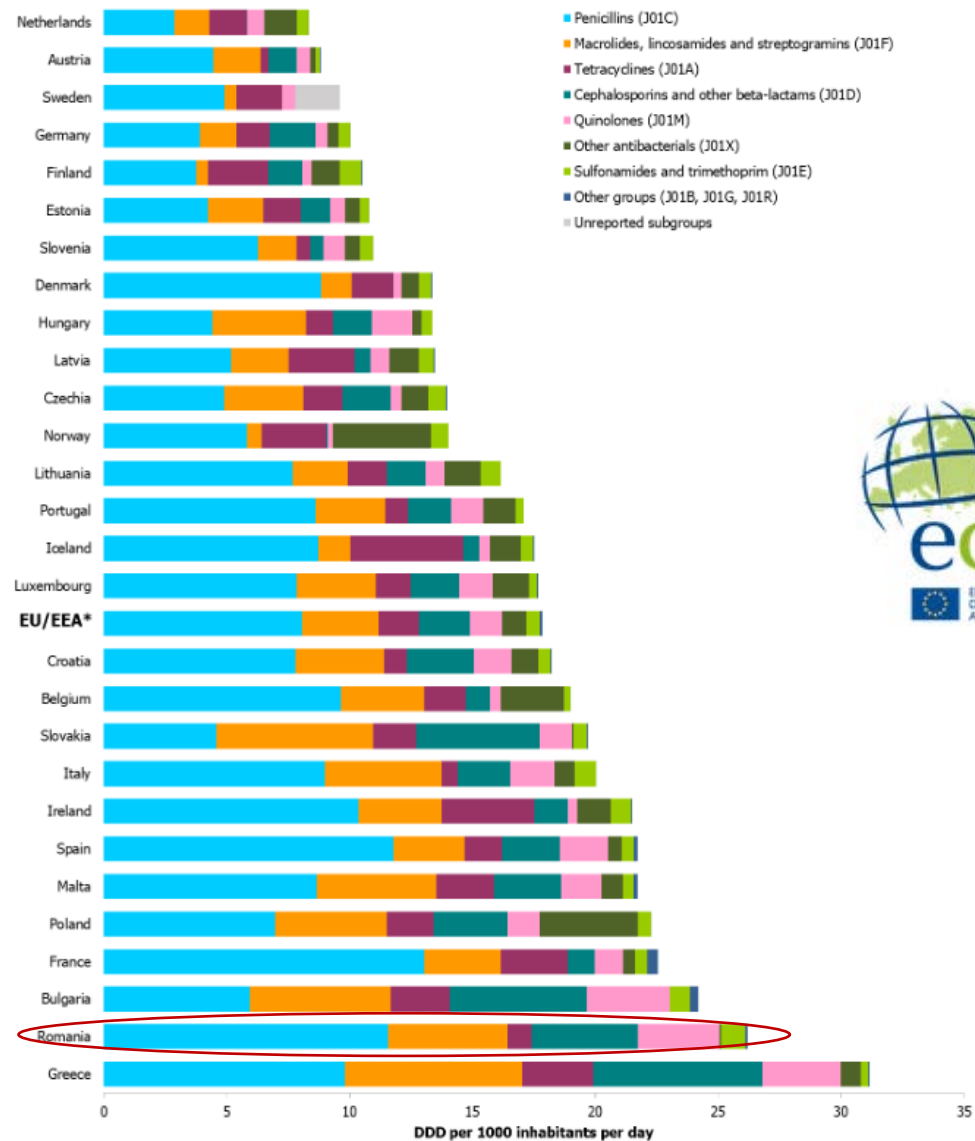
Forgotten to stop AB if they are not needed

Treating colonisation or contamination

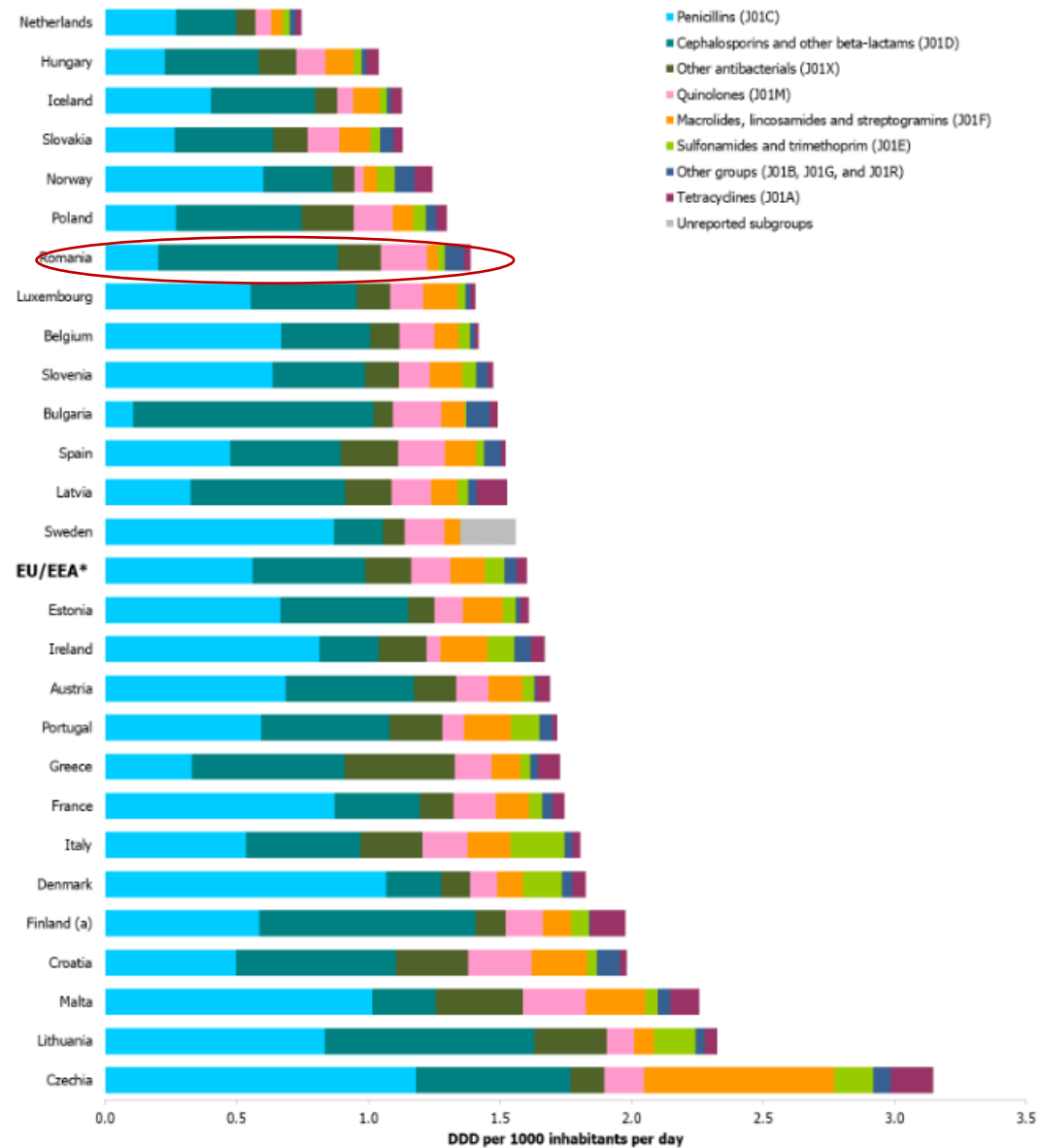
# Noninfectious causes of fever

Inflammation	Malignancy	Miscellaneous
<b>Adult Still disease</b> <b>SLE</b> <b>Sarcoidosis</b> <b>Giant cell arteritis</b>	<b>Leukemia</b> <b>Lymphoma</b> <b>Hepatocellular carcinoma</b> <b>Renal cell carcinoma</b>	<b>Drug induced</b> <b>Thyroiditis</b> <b>Thrombembolic events</b> <b>Factitious fever</b>

# Community consumption of antibacterials for systemic use



# Hospital sector consumption of antibacterials for systemic use

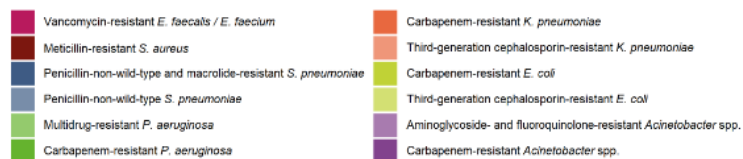
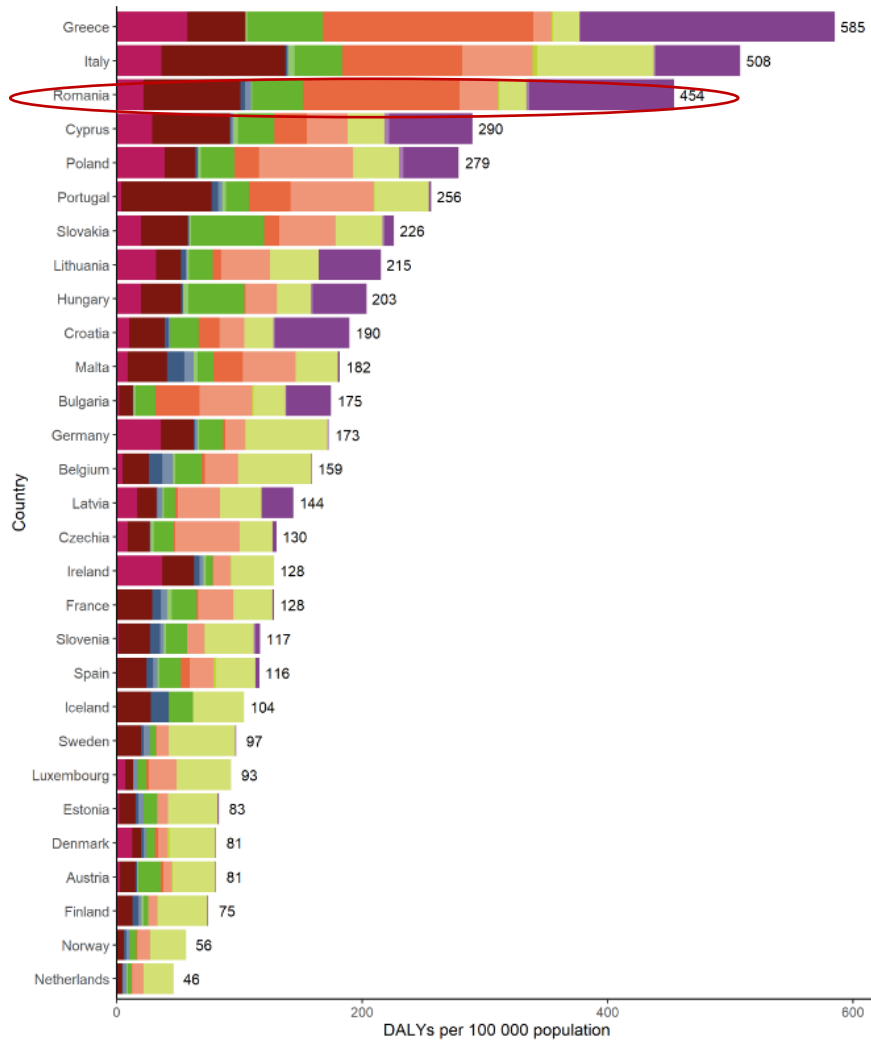


\*EU/EEA refers to the population-weighted mean consumption, based on countries that provided community sector data for 2022 (28 countries).

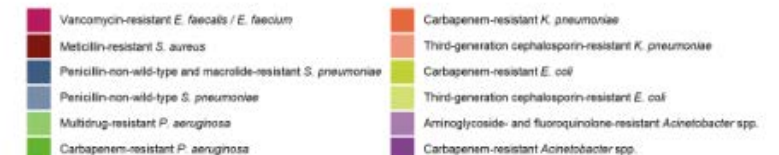
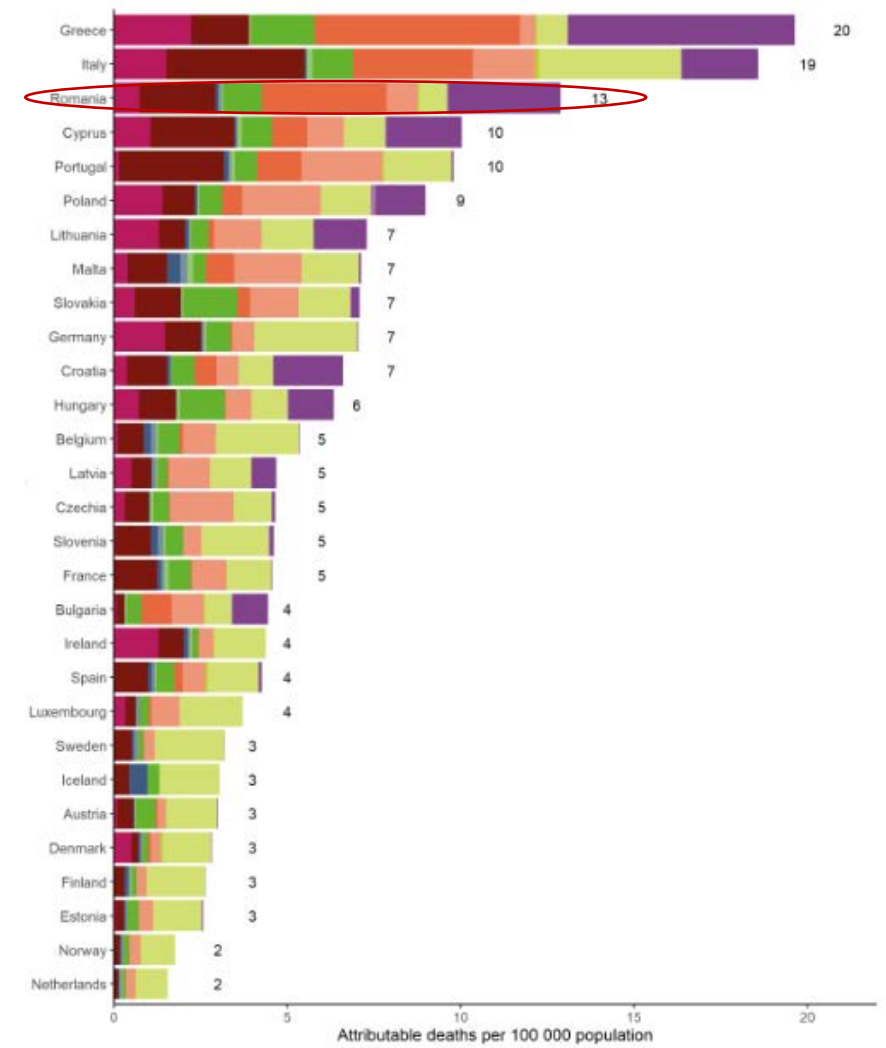
\*EU/EEA refers to the population-weighted mean consumption based on countries that provided hospital sector data for 2022 (27 countries).

(a) Finland: data include consumption in remote primary healthcare centres and nursing homes.

## Estimations of the burden of infections with antibiotic-resistant bacteria presented as disability-adjusted life years (DALYs) per 100 000 population by country\*



## Estimations of the burden of infections with antibiotic-resistant bacteria presented as attributable deaths per 100 000 population







# Biomarkers...let's start from definition



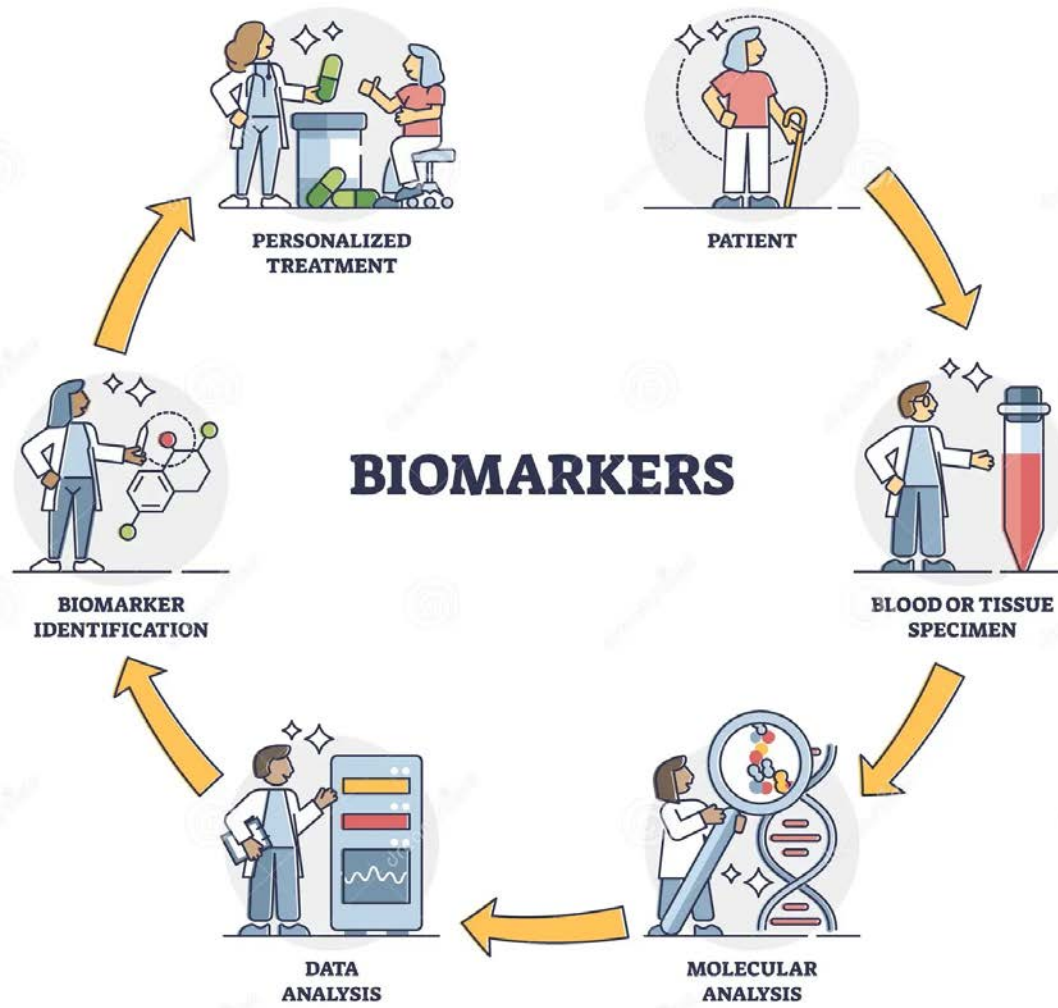
WHO: The term "biomarker" is used in a broad sense to include almost any measurement reflecting an interaction between a biological system and an environmental agent, which may be chemical, physical or biological.

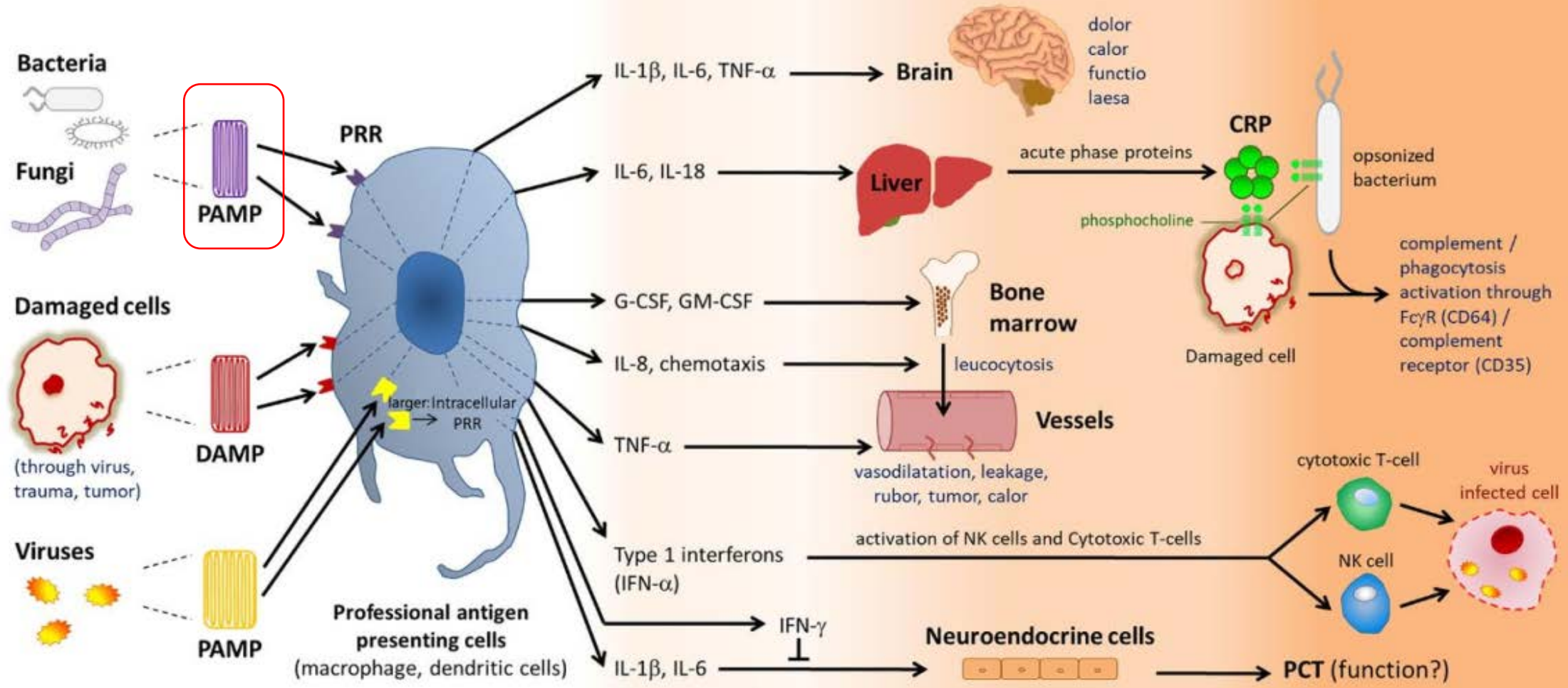
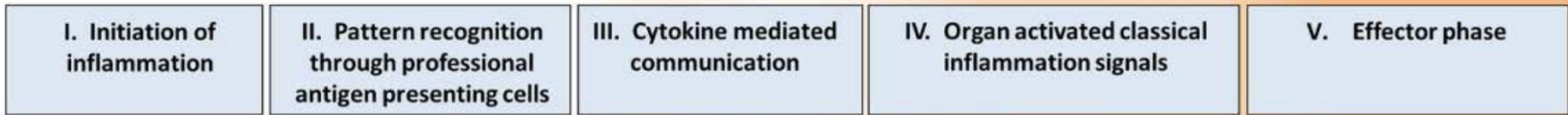


In medicine is used to identify risk of disease, diagnose disease and its severity, guide intervention strategies and monitor patient responses to therapy.



For sepsis: 258 markers identify till now. Most of the biomarkers have not been well-studied apart of CRP and PCT ; in particular, the clinical role of these biomarkers needs to be better evaluated.





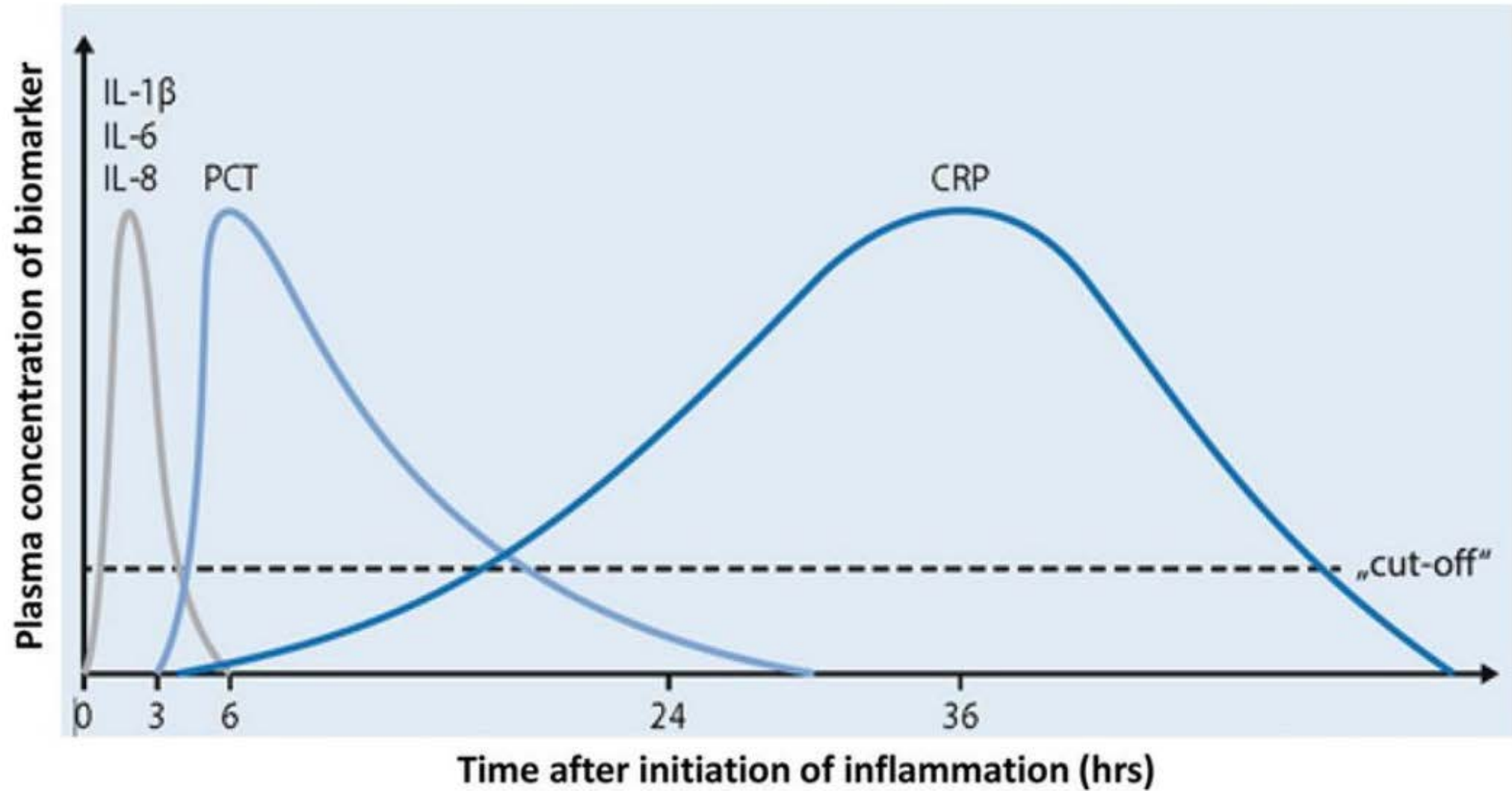
# Biomarkers

<b>Diagnostic test</b>	<b>General: known preanalytic and analytic variability, integrated in the interpretation of assay results</b> <b>High predictive values</b> <b>Ability to differentiate sepsis and noninfectious events (specificity)</b> <b>Ability to differentiate bacterial from viral infection</b>
<b>Prognostic test</b>	<b>Early detection of patients at risk of a complicated course</b> <b>Levels associated with the inflammatory response</b> <b>Predictor of mortality</b>
<b>Therapeutic test</b>	<b>Follow-up of the efficacy of a therapy (e.g., rapid kinetics, independent of organ dysfunction)</b>
<b>Accessibility</b>	<b>Routinely available</b> <b>Non- invasive</b> <b>Rapid turnaround time</b> <b>Technically feasible</b> <b>Validated</b> <b>Low cost</b>

# Biomarkers for bacterial infections

Type	Comment
CRP	Widely introduced in the clinic, limited specificity, delayed increase in blood
WBC	Low specificity
<b>PCT</b>	<b>Rapid increase in blood, mostly evaluated for sepsis, pneumonia, meningitis, urinary tract infection</b>
CD 14, CD 64, TREM-1, Pentrexin-3, pro ADM, Copeptin, Syndecan-4...	Mostly evaluated for sepsis, some for pneumonia
Interleukins (IL1, IL6, IL-8, IL-10, IL-12, IL-17, and TNF- $\alpha$ ...)	Rapid increase in blood, mostly evaluated for sepsis
mRNA transcriptomi /genomic biomarkers / proteomic biomarkers	Promising, high sensitivity and high specificity, use of multiple protein markers at the same time to distinguish the cause of fever, not yet commercially available

# The kinetics of the different biomarkers

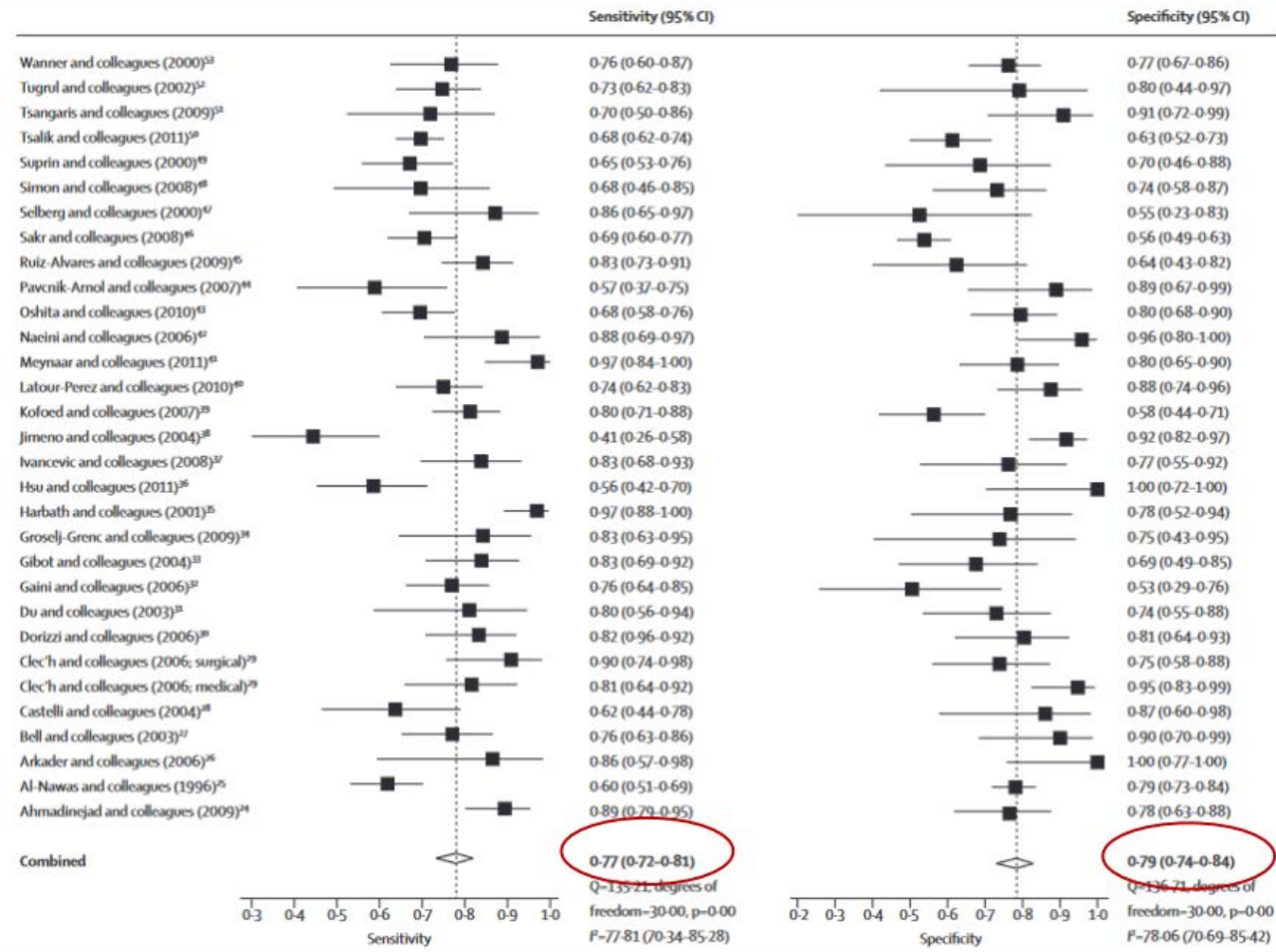


# Biomarkers and bacterial infections

Serum Procalcitonin and C-Reactive Protein Levels  
as Markers of Bacterial Infection: A Systematic  
Review and Meta-analysis

Study	Procalcitonin markers				C-reactive protein markers			
	No. of results		Sensitivity, % (95% CI)	Specificity, % (95% CI)	No. of results		Sensitivity, % (95% CI)	Specificity, % (95% CI)
	TP/FN	FP/TN			TP/ FN	FP/TN		
Aouifi et al. [117]	46/2	8/41	96 (85–99)	84 (70–92)	50/33	4/10	60 (49–71)	71 (42–90)
Enguix et al. [118] <sup>a</sup>	19/3	1/23	86 (64–96)	96 (77–100)	19/4	1/22	83 (61–94)	96 (76–100)
Hatherill et al. [119] <sup>a</sup>	103/3	9/40	97 (91–99)	82 (68–91)	73/0	37/43	100 (95–100)	54 (42–65)
Muller [121] <sup>a</sup>	52/3	6/40	95 (84–99)	87 (73–95)	41/9	17/34	82 (68–91)	67 (52–79)
Penel et al. [122] <sup>a</sup>	43/14	0/5	75 (62–85)	100 (48–100)	43/24	0/1	64 (52–75)	100 (3–100)
Rothenburger et al. [123] <sup>a</sup>	12/2	3/42	86 (56–97)	93 (81–98)	14/30	1/14	32 (19–48)	93 (66–100)
Selberg et al. [125]	19/5	3/6	79 (57–92)	67 (31–91)	19/9	3/2	68 (48–83)	40 (7–83)
Suprin et al. [126] <sup>a</sup>	49/6	26/14	89 (77–95)	35 (21–52)	55/5	19/14	92 (81–97)	42 (26–61)
Ugarte et al. [127] <sup>a</sup>	75/31	36/48	71 (61–79)	57 (46–68)	80/26	3/53	75 (66–83)	63 (52–73)
Viallon et al. [128] <sup>a</sup>	19/2	2/38	90 (68–98)	95 (82–99)	13/3	8/37	81 (54–95)	82 (67–91)
Total <sup>b</sup>	...	...	88 (80–93)	81 (67–90)	...	...	75 (62–84)	67 (56–77)

# PCT in sepsis/critical ill patients: meta-analysis, 30 studies included (3244 patients)



**Conclusions:**  
 Procalcitonin is a helpful biomarker for early diagnosis of sepsis in critically ill patients. -  
 Nevertheless, the results of the test must be interpreted carefully in the context of medical history, physical examination, and microbiological assessment



# PCT and CD14 in sepsis: 3012 patients

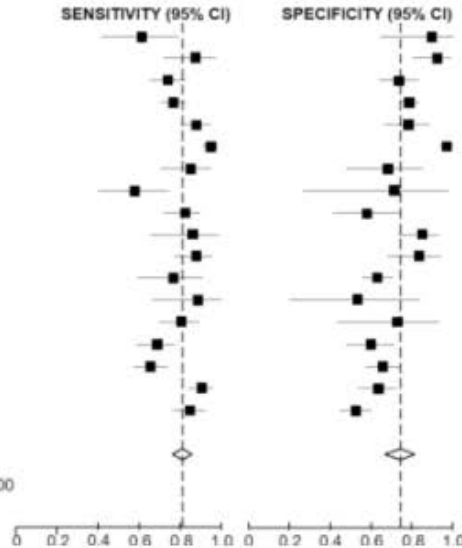
## PCT

Author year	SENSITIVITY (95% CI)	SPECIFICITY (95% CI)
Ali 2016	0.61 [0.42 - 0.77]	0.89 [0.65 - 0.99]
Bacil 2003	0.85 [0.71 - 0.94]	0.92 [0.80 - 0.98]
Bauer 2016	0.73 [0.64 - 0.81]	0.74 [0.64 - 0.83]
CakirMadenci 2014	0.75 [0.69 - 0.81]	0.79 [0.74 - 0.83]
Endo 2012	0.86 [0.78 - 0.92]	0.79 [0.67 - 0.87]
Enguix-Armada 2016	0.92 [0.88 - 0.95]	0.96 [0.92 - 0.99]
Gibot 2004	0.83 [0.75 - 0.90]	0.54 [0.47 - 0.61]
Godnic 2015	0.57 [0.47 - 0.67]	0.83 [0.75 - 0.90]
Klouche 2016	0.80 [0.71 - 0.87]	0.59 [0.43 - 0.74]
Leli 2016	0.84 [0.64 - 0.95]	0.84 [0.73 - 0.92]
Miglietta 2015	0.86 [0.75 - 0.93]	0.83 [0.69 - 0.93]
Romualdo 2014	0.76 [0.59 - 0.88]	0.64 [0.57 - 0.71]
Selberg 2000	0.86 [0.65 - 0.97]	0.55 [0.23 - 0.83]
Takahashi 2016	0.79 [0.69 - 0.87]	0.73 [0.45 - 0.82]
Ugarte 1999	0.68 [0.58 - 0.78]	0.81 [0.49 - 0.72]
vanderGeest 2016	0.65 [0.57 - 0.73]	0.66 [0.58 - 0.74]
Wong 2013	0.88 [0.82 - 0.93]	0.64 [0.55 - 0.72]
Yang 2016	0.83 [0.75 - 0.90]	0.54 [0.47 - 0.61]

### COMBINED

0.80 [0.75 - 0.84]      0.75 [0.67 - 0.81]

Q = 93.00, df = 17.00, p = 0.00      Q = 132.11, df = 17.00, p = 0.00  
I<sup>2</sup> = 81.72 [74.01 - 89.43]      I<sup>2</sup> = 87.13 [82.21 - 92.05]



Diagnostic value of procalcitonin and presepsin for sepsis in critically ill adult patients: a systematic review and meta-analysis

Metaanalysis – 19 studies were included

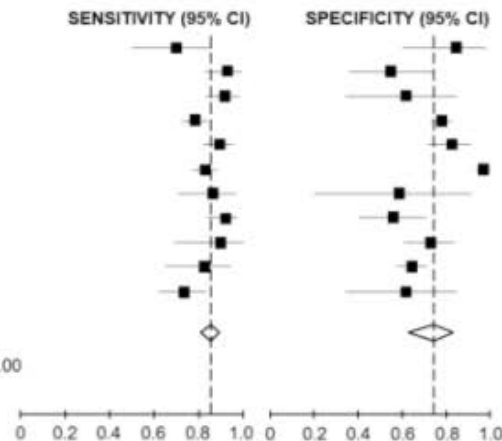
## P-SEP

Author year	SENSITIVITY (95% CI)	SPECIFICITY (95% CI)
Ali 2016	0.70 [0.51 - 0.84]	0.83 [0.59 - 0.96]
Behnes 2014	0.91 [0.82 - 0.97]	0.54 [0.34 - 0.72]
Behnes 2014	0.90 [0.81 - 0.96]	0.60 [0.32 - 0.84]
CakirMadenci 2014	0.77 [0.72 - 0.83]	0.77 [0.72 - 0.81]
Endo 2012	0.88 [0.80 - 0.93]	0.81 [0.70 - 0.90]
Enguix-Armada 2016	0.82 [0.76 - 0.86]	0.96 [0.92 - 0.99]
Godnic 2015	0.85 [0.70 - 0.94]	0.57 [0.18 - 0.90]
Klouche 2016	0.90 [0.82 - 0.95]	0.55 [0.39 - 0.70]
Leli 2016	0.88 [0.69 - 0.97]	0.72 [0.59 - 0.82]
Romualdo 2014	0.81 [0.65 - 0.92]	0.63 [0.56 - 0.70]
Takahashi 2016	0.73 [0.62 - 0.82]	0.60 [0.32 - 0.84]

### COMBINED

0.84 [0.80 - 0.88]      0.73 [0.61 - 0.82]

Q = 26.60, df = 10.00, p = 0.00      Q = 75.16, df = 10.00, p = 0.00  
I<sup>2</sup> = 62.41 [37.85 - 86.97]      I<sup>2</sup> = 86.69 [80.04 - 93.35]



## Conclusions:

The meta-analysis provided evidence that the diagnostic accuracy of procalcitonin and presepsin in detecting infection was similar and that both are useful for early diagnosis of sepsis and subsequent reduction of mortality in critically ill adult patients.

# Biomarkers to start antibiotics in sepsis

## Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2021

*Critical Care Medicine*



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### Recommendation

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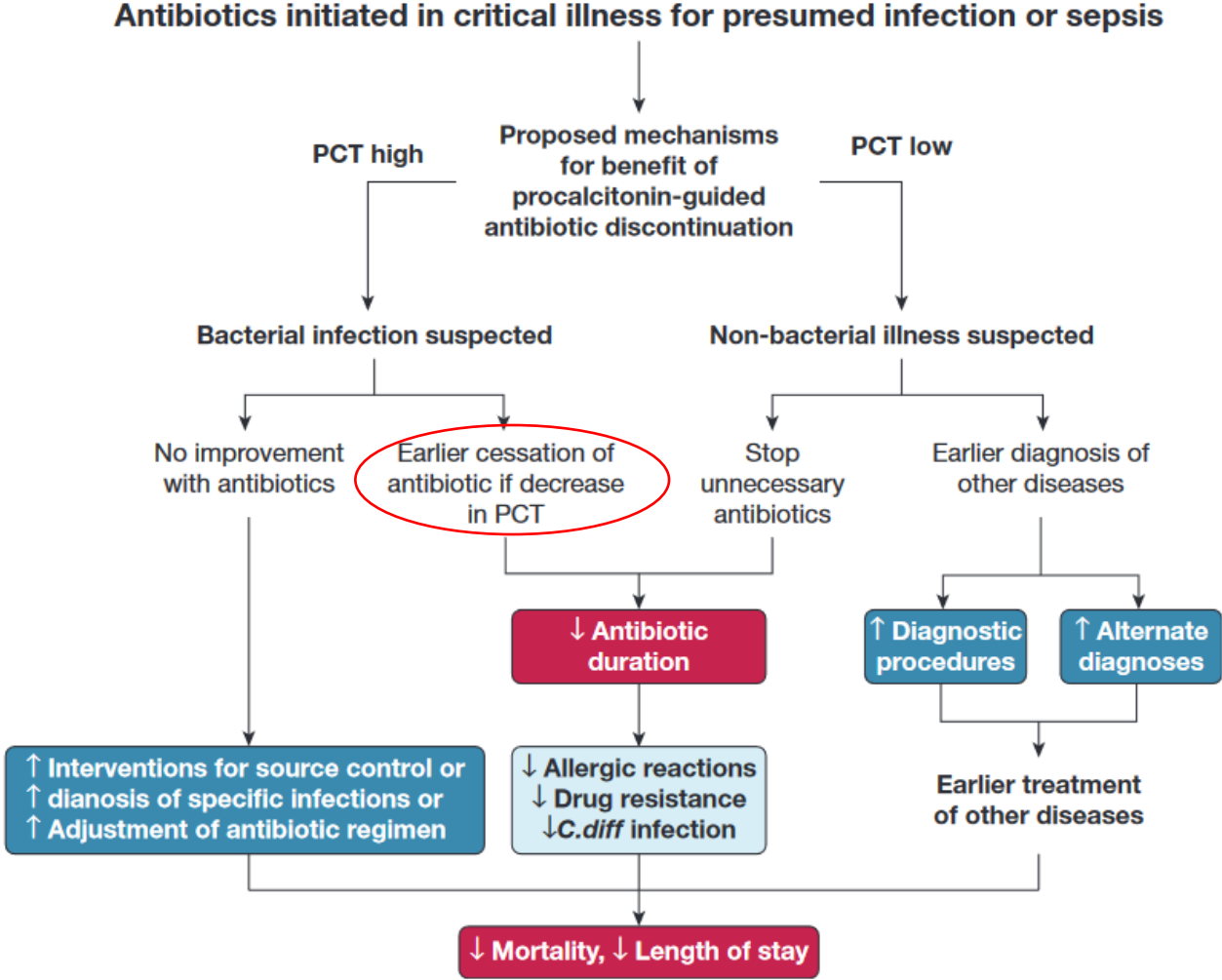
16. For adults with suspected sepsis or septic shock, we **suggest against** using procalcitonin plus clinical evaluation to decide when to start antimicrobials, as compared to clinical evaluation alone

*Weak recommendation, very low quality of evidence*

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# PCT-Guided Antibiotic Discontinuation and Mortality in Critically Ill Adults

## A Systematic Review and Meta-analysis



# Biomarkers in meningitis. A systematic review and meta-analysis

(9 studies, 725 adult patients)

**Conclusions:**  
 Serum PCT is a highly accurate diagnostic test that can be used by physicians for rapid differentiation between bacterial and viral causes of meningitis in adults.

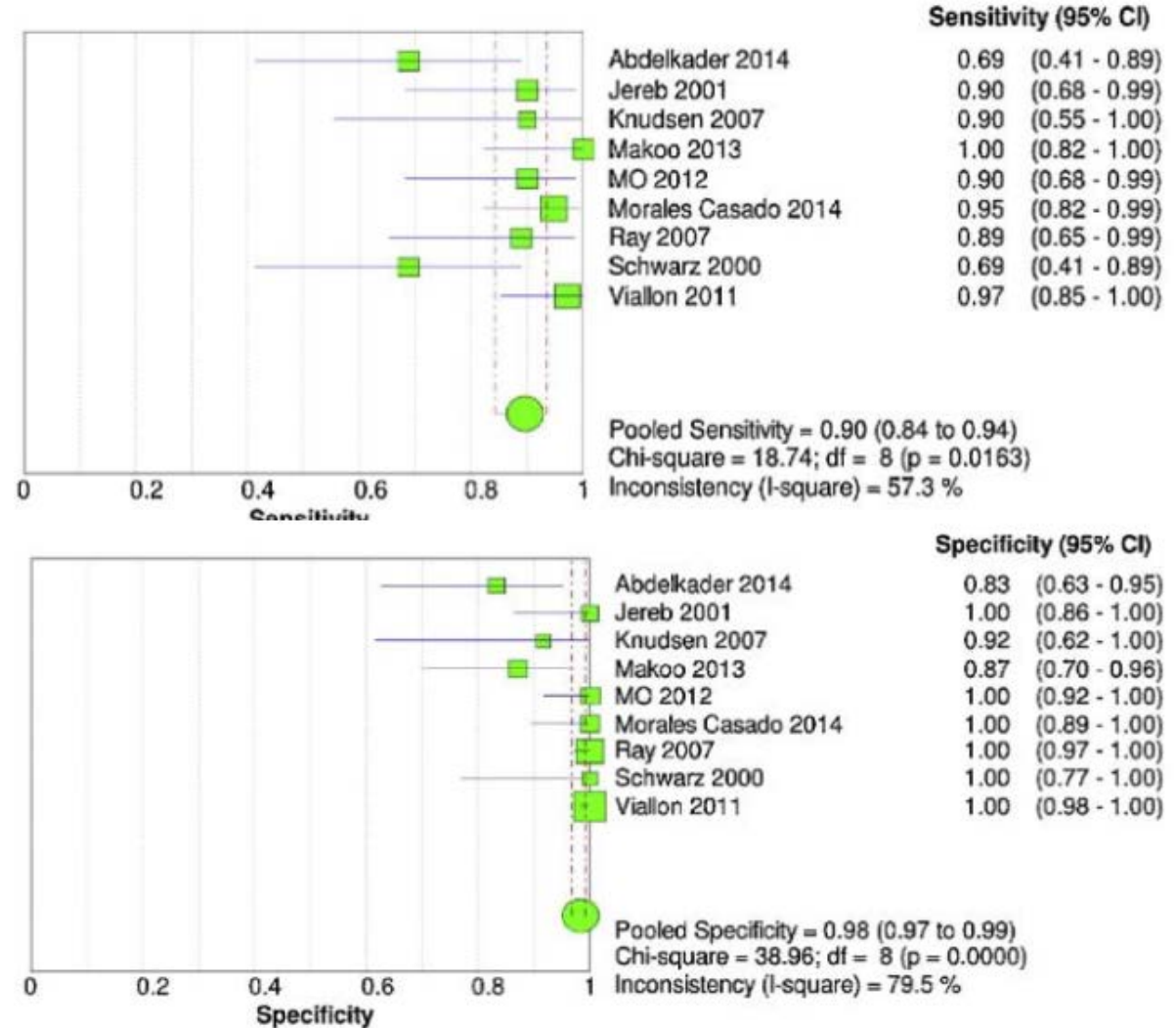


Figure 3. Pooled sensitivity (A) and specificity (B) for serum procalcitonin for the diagnosis of bacterial meningitis in adults.

Vikse J, et al. The role of serum procalcitonin in the diagnosis of bacterial meningitis in adults: a systematic review and meta-analysis. Intern J Infect Dis 2015;38:68-76

# Biomarkers in respiratory infections

## Accuracy of Biomarkers for the Diagnosis of Adult Community-acquired Pneumonia: A Meta-analysis

### Conclusions:

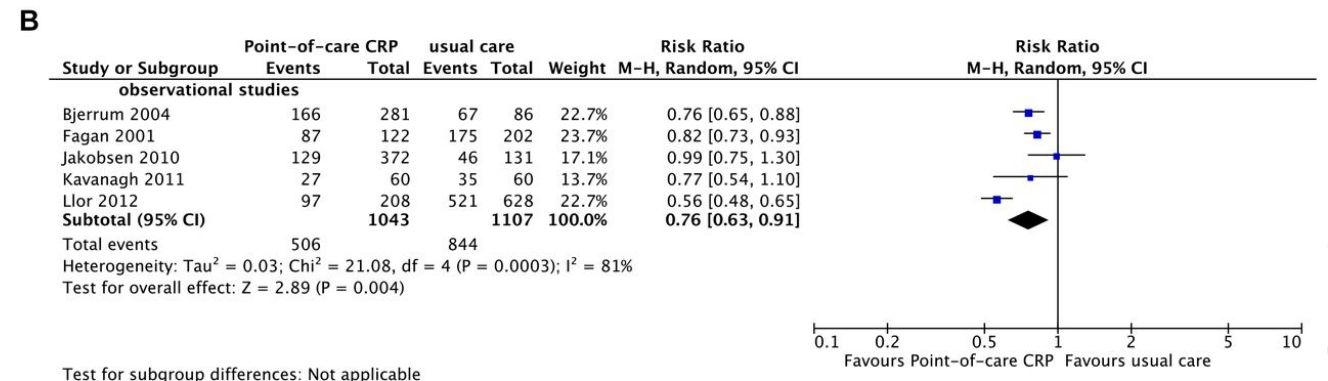
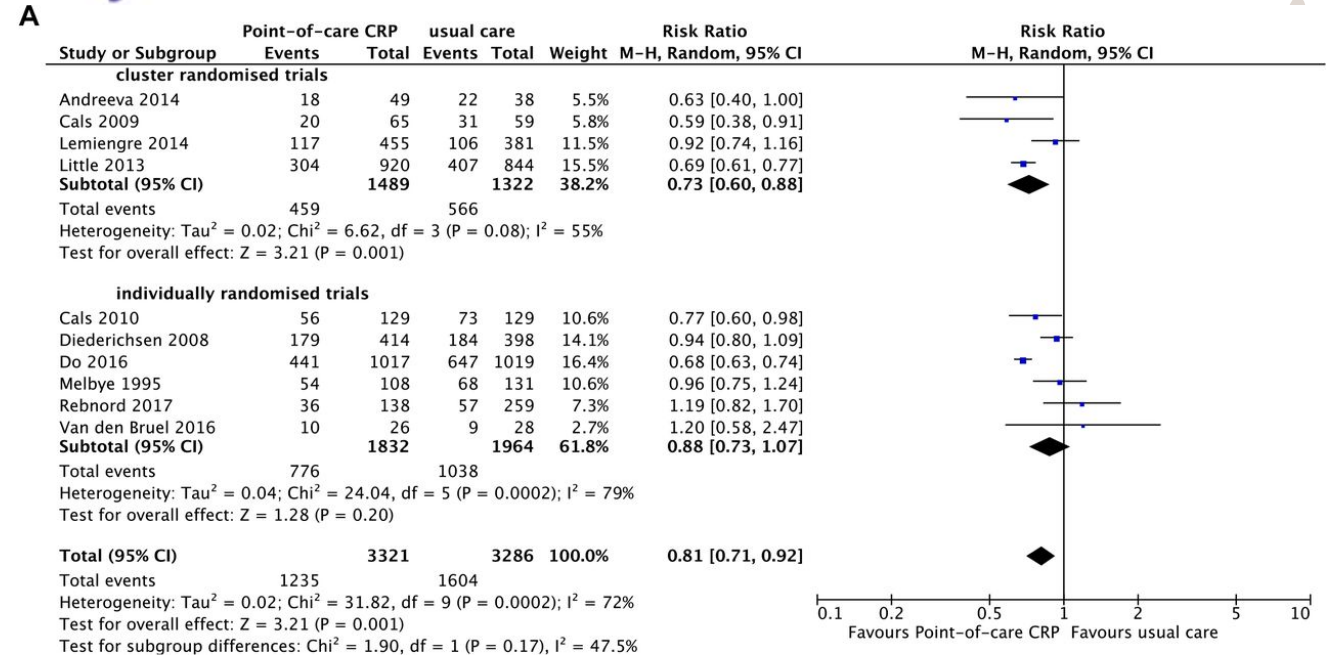
The best evidence supports CRP as the preferred biomarker for diagnosis of outpatient CAP given its:

- Accuracy
- Low cost
- Point-of-care availability

Studies (#)	Test and cutoff	Sensitivity	Specificity
3	CRP > 10 mg/L	0.90 (0.52–0.99)	0.48 (0.27–0.70)
6	CRP > 20 mg/L	0.80 (0.68–0.89)	0.62 (0.51–0.71)
2	CRP > 30 mg/L	0.76 (0.29–0.96)	0.70 (0.32–0.92)
1	CRP > 40 mg/L	0.89 (0.85–0.92)	0.52 (0.44–0.59)
9	CRP > 50 mg/L	0.71 (0.56–0.82)	0.80 (0.70–0.88)
1	CRP > 70 mg/L	0.69 (0.59–0.78)	0.66 (0.54–0.77)
6	CRP > 100 mg/L	0.58 (0.39–0.74)	0.90 (0.80–0.95)
1	CRP > 200 mg/L	0.36 (0.31–0.41)	0.96 (0.92–0.98)
2	PCT > 0.06–0.08 µg/L	0.60 (0.36–0.80)	0.75 (0.55–0.88)
3	PCT > 0.1 µg/L	0.74 (0.48–0.90)	0.69 (0.42–0.87)
4	PCT > 0.25 µg/L	0.44 (0.21–0.70)	0.91 (0.76–0.97)
4	PCT > 0.50 µg/L	0.28 (0.11–0.53)	0.96 (0.80–0.99)
1	PCT > 1.0 µg/L	0.43 (0.38–0.48)	0.96 (0.92–0.98)
5	WBCs > $9.5 \times 10^9$ – $10.5 \times 10^9$ cells/L	0.55 (0.45–0.66)	0.82 (0.78–0.86)

# Impact of point-of-care C reactive protein in ambulatory care: a systematic review and meta-analysis

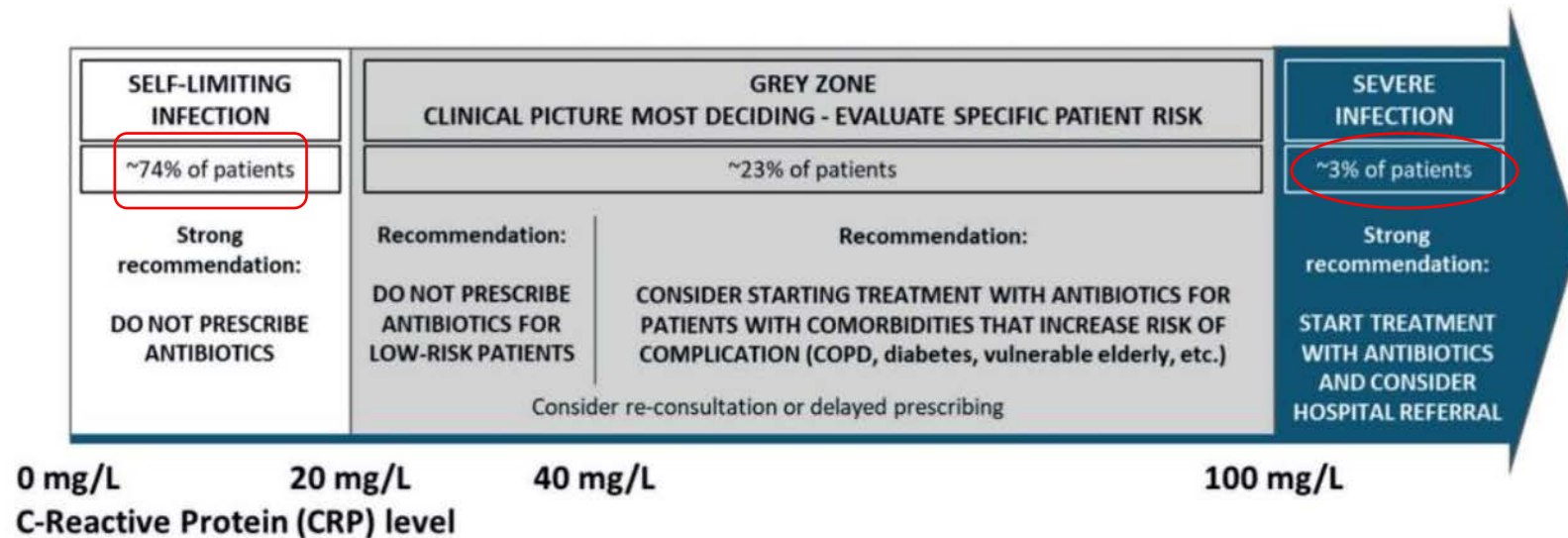
**Conclusion:**  
performing point-of-care CRP could reduce immediate antibiotic prescription in adults and children.



Test for subgroup differences: Not applicable

# Biomarkers in lower respiratory tract infections

Guidance on C-reactive protein point-of-care testing and complementary strategies to improve antibiotic prescribing for adults with lower respiratory tract infections in primary care



# PCT in respiratory tract infections

Effect of procalcitonin-guided antibiotic treatment on mortality in acute respiratory infections: a patient level meta-analysis

	Control (n=3372)	Procalcitonin group (n=3336)	Adjusted OR or difference (95% CI), p value*	P <sub>interaction</sub>
<b>Overall</b>				
Initiation of antibiotics	2894 (86%)	2351 (70%)	0.27 (0.24 to 0.32), p<0.0001	..
Duration of antibiotics, days†	9.4 (6.2)	8.0 (6.5)	-1.83 (-2.15 to -1.5), p<0.0001	..
Total exposure of antibiotics, days‡	8.1 (6.6)	5.7 (6.6)	-2.43 (-2.71 to -2.15), p<0.0001	..
<b>Setting-specific outcomes</b>				
<b>Primary care</b>	501	507	..	..
Initiation of antibiotics	316 (63%)	116 (23%)	0.13 (0.09 to 0.18), p<0.0001	<0.0001
Duration of antibiotics, days†	7.3 (2.5)	7.0 (2.8)	-0.52 (-1.07 to 0.04), p=0.068	0.064
Total exposure of antibiotics, days‡	4.6 (4.1)	1.6 (3.2)	-3.02 (-3.45 to -2.58), p<0.0001	0.101
<b>Emergency department</b>	1638	1615	..	..
Initiation of antibiotics	1354 (83%)	1119 (69%)	0.49 (0.41 to 0.58), p<0.0001	<0.0001
Duration of antibiotics, days†	9.8 (5.4)	7.3 (5.1)	-2.45 (-2.86 to -2.05), p<0.0001	<0.0001
Total exposure of antibiotics, days‡	8.2 (6.2)	5.2 (5.4)	-3.02 (-3.41 to -2.62), p<0.0001	<0.0001
<b>Intensive care unit</b>	1233	1214	..	..
Initiation of antibiotics	1224 (99%)	1116 (92%)	0.02 (0.01 to 0.05), p<0.0001	<0.0001
Duration of antibiotics, days†	9.5 (7.4)	8.8 (7.8)	-1.23 (-1.82 to -0.65), p<0.0001	<0.0001
Total exposure of antibiotics, days‡	9.5 (7.4)	8.1 (7.9)	-1.44 (-1.99 to -0.88), p<0.0001	<0.0001



# PCT in respiratory tract infections

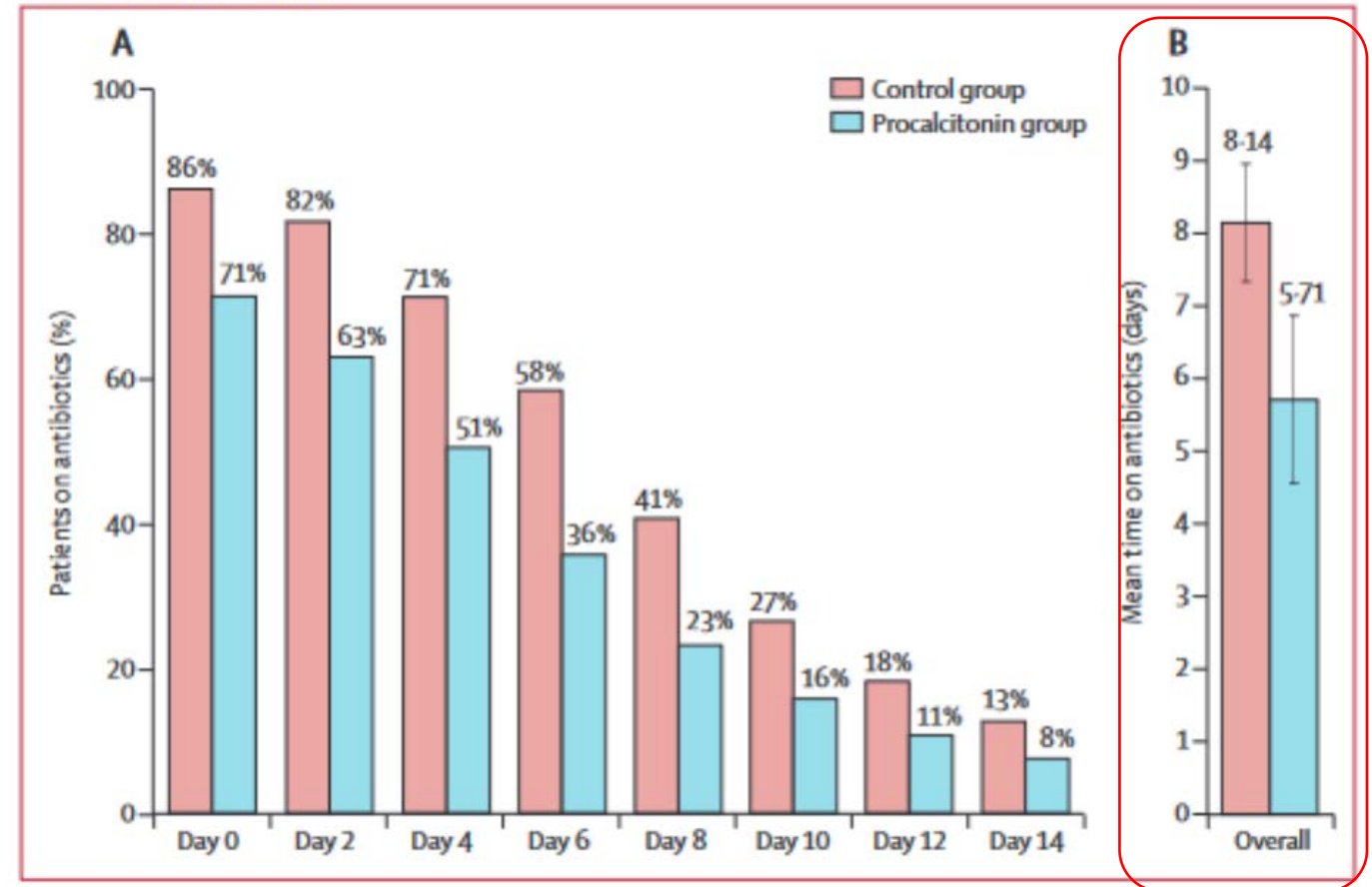
## Conclusions:

PCT to guide AB treatment in patients with acute respiratory infections

- reduces antibiotic exposure
- reduce side-effects
- improve survival.

Mortality rate at 30 days was significantly lower in PCT-guided patients than in control arm.

## Effect of procalcitonin-guided antibiotic treatment on mortality in acute respiratory infections: a patient level meta-analysis



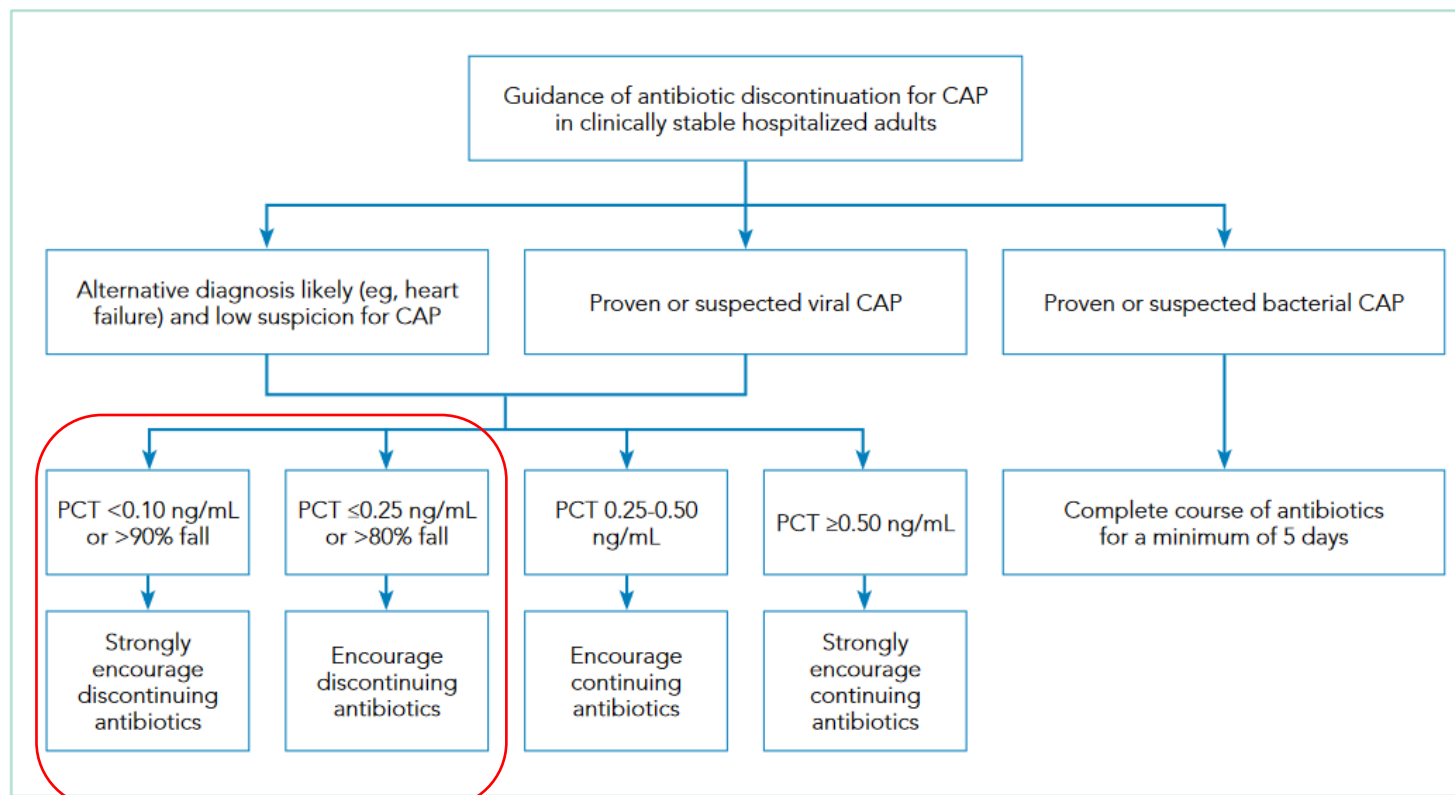
# PCT in lower respiratory infection

Diagnosis and Treatment of Adults with Community-acquired Pneumonia. An Official Clinical Practice Guideline of the American Thoracic Society and Infectious Diseases Society of America

[Joshua P. Metlay](#),\* [Grant W. Waterer](#),\* [Ann C. Long](#), [Antonio Anzueto](#), [Jan Brozek](#), [Kristina Crothers](#), [Laura A. Cooley](#), [Nathan C. Dean](#), [Michael J. Fine](#), [Scott A. Flanders](#), [Marie R. Griffin](#), [Mark L. Metersky](#), [Daniel M. Musher](#), [Marcos I. Am J Respir Crit Care Med](#). 2019 Oct 1; 200(7): e45–e67.

- „We recommend that empiric antibiotic therapy should be initiated in adults with clinically suspected and radiographically confirmed CAP regardless of initial serum procalcitonin level“.

# PCT in the management of Community-Acquired Pneumonia in Hospitalized Adults



**FIG.** Procalcitonin Guidance for Antibiotic Discontinuation in Hospitalized Adults with CAP

The cut-off values and thresholds used in this algorithm are adapted from those used in the clinical trials included in the 2017 Cochrane review meta-analysis.<sup>6</sup>

Abbreviations: CAP, community acquired pneumonia, PCT, procalcitonin.

# Conclusions

- Still no ideal biomarker available
- Sensibility and specificities differ between them
- Their usefulness in clinical practice differ depending on the site of infection
- Do **NOT** forget the clinical pictures and the comorbidities of the patients
- Most probably, in the future the decisions of prescribing antibiotics will be based on a combination of biomarkers... artificial intelligence could be a useful tool

# RISK OF MISLEADING CONCLUSIONS IN OBSERVATIONAL STUDIES OF TIME-TO-ANTIBIOTICS AND MORTALITY IN SUSPECTED SEPSIS



Pak et al., 2023 | *Clinical Infectious Diseases*

**MOTIVATION** Four analytical concerns are present in most cohort studies of time-to-antibiotics and sepsis outcomes.

**OBJECTIVE** Test for the effects of each of these concerns in a multi-hospital cohort of patients with suspected infection (N=104,248). We used logistic regression as in prior studies and varied the assumption underlying each concern.

ANALYTICAL CONCERN	TEST	RESULTS	CONCLUSIONS												
<b>Insufficient confounding adjustment</b> 	Add progressively more detailed covariates: basics → + comorbidities → + labs → + vitals	<b>Changed</b>	Each of these analytical choices can easily bias estimates of the time-to-antibiotics ↔ mortality association.  In our most defensible model (max adjustment, only time-to-antibiotics <6h) each additional hour until antibiotics was associated with the following changes in mortality:												
<b>Including time-to-antibiotics outliers</b> 	Pts treated >6h are rare & different. Lower max time-to-antibiotics: 24h → 12h → 6h	<b>Changed</b>													
<b>Equating sepsis &amp; septic shock</b> 	Separate analyses for: <ul style="list-style-type: none"> <li>• suspected infection</li> <li>• suspected sepsis</li> <li>• suspected septic shock</li> </ul>	<b>Changed</b>													
<b>Linearizing non-linearity</b> 	Remove the assumption of a linear relationship between time-to-antibiotics ↔ log odds of mortality	<b>Changed</b>													
			<table border="1"> <thead> <tr> <th></th> <th>COHORT</th> <th>HOURLY aOR</th> </tr> </thead> <tbody> <tr> <td>Septic Shock</td> <td>↑</td> <td>1.07 (1.04–1.11)</td> </tr> <tr> <td>Sepsis</td> <td>NS</td> <td>1.03 (0.98–1.09)</td> </tr> <tr> <td>Infection</td> <td>NS</td> <td>0.99 (0.94–1.05)</td> </tr> </tbody> </table>		COHORT	HOURLY aOR	Septic Shock	↑	1.07 (1.04–1.11)	Sepsis	NS	1.03 (0.98–1.09)	Infection	NS	0.99 (0.94–1.05)
	COHORT	HOURLY aOR													
Septic Shock	↑	1.07 (1.04–1.11)													
Sepsis	NS	1.03 (0.98–1.09)													
Infection	NS	0.99 (0.94–1.05)													

## Do I Need to Give Antibiotics?

### YES

**The patient has a proven bacterial infection**  
(i.e. a known pathogen, cultured at a significant level,  
that is likely to be the cause of the clinical presentation)

**The patient's presentation is consistent with an  
immediately life-threatening infection**  
(e.g. suspected bacterial meningitis, meningococcal sepsis)

**The patient is hypotensive due to suspected infection**

### WATCH and WAIT\*

**The undifferentiated febrile patient  
who is not hypotensive**

**The patient with a colonised catheter  
with a low virulence organism**

**The patient with a ventilator-associated condition (VAC<sup>†</sup>)**

\*Watch and Wait: Close monitoring of the patient in an high-dependency or intensive care setting for signs of deterioration whilst further investigations and attempts at source identification and control are carried out.

<sup>†</sup>VAC: An increase in the minimum PEEP during a 24-hour period of 3cm H<sub>2</sub>O or an increase in the minimum FiO<sub>2</sub> during a 24 hour period of 20%, after a period of 48 hours of stable ventilator settings



*Thank you!*